

Published on *Global Research Projects* (<https://globalprojects.ucsf.edu>)

Home > A Qualitative Study Exploring the Barriers to and Facilitators of Nighttime Sleep Duration and Sleep Habits in Latino 2- to 5-year-olds

---

# A Qualitative Study Exploring the Barriers to and Facilitators of Nighttime Sleep Duration and Sleep Habits in Latino 2- to 5-year-olds

© 2019 The Regents of the University of California

**Brought to you by:**



Institute for  
Global Health  
Sciences  
Global Strategic Information



**Created by:**



---

**Source URL:** <https://globalprojects.ucsf.edu/project/qualitative-study-exploring-barriers-and-facilitators-nighttime-sleep-duration-and-sleep>